

## Marta Mitchell presents “Downsizing in Style”



Marta Mitchell is a regular invited speaker at Well Spring Solutions (Greensboro NC), where she is asked to share her Interior Design knowledge and expertise, in assisting older adults' transition from their family home, into a retirement community.

Downsizing from a larger family home, into a smaller senior living facility can be an extremely stressful and challenging process, both for the aging seniors as well as for their family members. Decision have to be made regarding furniture to be moved, donated, auctioned, stored, or distributed. Space planning in the new facility is also critically important. Plus moving day can be traumatic if not managed correctly.

Marta's presentations are always a full-house, where she is happy to share helpful tips and secrets to ensure a smooth and stress-free transition.



### About “Downsizing Services” offered by Marta Mitchell Interior Design.

- Meet with the client and family
- Create a catalog of existing furniture
- Create a new interior design for a smaller home or apartment
- Interface with retirement or assisted living facility
- Select colors, materials, and accessories for the new home
- Coordinate the distribution and shipping of existing furniture and accessories
- Determine which pieces go to the new home, family members, auctioneers, storage, or designated charities
- Manage the move to the smaller living space including packing, transporting, and complete setup of the new home

About the Well-Spring Group

*Well-Spring Solutions offers a full slate of home- and community-based care services for older adults in Greensboro and High Point and throughout Guilford County, NC. Home care, adult day service and group respite care make up the core services of Well-Spring Solutions.*

THE  
Well-Spring  
GROUP

